FIRST ANNUAL REPORT

OF THE

Committee of Visitors

OF THE

CAMBRIDGESHIRE, ISLE OF ELY,

AND

BOROUGH OF CAMBRIDGE

LUNATIC ASYLUM,

FOR THE YEAR ENDING

THE 31st DAY OF DECEMBER, 1858.

WITH APPENDIX.

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THE COMMITTEE OF VISITORS,

For the Year, 1859.

For the County of Cambridge.

THE RIGHT HONORABLE THE EARL OF HARDWICKE, *Wimpole.*
THOMAS ST. QUINTIN, ESQ., (Chairman), *Hatley Park.*
WILLIAM PARKER HAMOND ESQ., *Pampisford Hall.*
CHRISTOPHER ROBERT PEMBERTON, ESQ., *Newton.*
EDWARD HICKS, ESQ., *Wilbraham Temple.*
THE REVEREND JAMES FENDALL, *Harlton.*
THE REVEREND JOHN THORNHILL, *Boxworth.*
THE REVEREND JOHN HAILSTONE, *Bottisham.*
THOMAS JOHN FICKLIN, ESQ., *Cambridge.*

For the Isle of Ely.

THE REVEREND ALGERNON PEYTON, *Doddington.*
THE REVEREND WILLIAM GALE TOWNLEY, *Beaupré Hall, Outwell.*
CHARLES WATSON TOWNLEY, ESQ., *Fulbourn.*
JOHN RICHARDSON FRYER, ESQ., *Crowe Hall, Downham, Norfolk.*
THE REVEREND HENRY JACKSON, *Wisbech.*
WILLIAM WHITTING, ESQ., *Thorney Abbey.*
FREDERICK DANIEL FRYER, ESQ., *Needham Hall, Elm.*

For the Borough of Cambridge.

THE WORSHIPFUL THE MAYOR, *Cambridge.*
PATRICK BEALES ESQ., *Cambridge.*
ELLIOT SMITH, ESQ., *Cambridge.*
HENRY HEMINGTON HARRIS, ESQ., *Cambridge.*

Officers.

Medical Superintendent: Edward Langdon Bryan, M.D.
Matron: Miss Bryan.
Chaplain: The Reverend Samuel Parish.
Clerk to the Committee of Visitors: Mr. Clement Francis.
Treasurer: Mr. George Ebenezer Foster.
House Steward and Clerk: Mr. Joseph Frith.

THE REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

Cambridgeshire, Isle of Ely, and Borough of Cambridge

PAUPER LUNATIC ASYLUM.

In pursuance of the 62nd section of the 16th and 17th Vict., cap. 97, the Committee of Visitors of the above Asylum beg to Report to Her Majesty's Justices of the Peace for the County of Cambridge and Isle of Ely in Quarter Sessions assembled, and to the Town Council of the Borough of Cambridge, as follows:

On the 28th day of September last, your Committee proceeded to the election of a Clerk and Steward of the Asylum, when Mr. Joseph Frith, formerly Steward of the Chester County Lunatic Asylum, was elected to the joint offices.

The Staff of male and female Attendants commenced their duties on the 11th of October

last, it being deemed necessary that they should reside at the Asylum previous to patients being admitted, to arrange the furniture, to put the cooking, washing and gas apparatus, and pump in full operation, and to attend to the warming, ventilating, drying and thoroughly cleansing every portion of the Asylum; and this arrangement proved very necessary, as many small defects were discovered both in the gas works and the machinery of the pump. The defects so discovered have since been remedied and are now in good working order.

The Asylum was opened for the reception of patients on Tuesday, the 2nd of November last, when 46 patients were received from the Hoxton Asylum.

The total number of patients admitted since the opening of the Asylum are sixty males and fifty-eight females; of which number two have died and one been discharged cured.

From recent Returns, your Committee find that there are about 250 pauper lunatics, idiots and imbecile persons chargeable to parishes in the County of Cambridge, the Isle of Ely and Borough of Cambridge, those of that number confined in Metropolitan and other Asylums, have been removed to this Asylum, with the exception of a few who were too ill to be removed, and three criminal lunatics, the re-

mainder are residing in Union Workhouses or with friends and relations.

The Asylum, as at present furnished, is sufficient for the proper accommodation of 150 patients.

On the 30th November last, your Committee fixed the rate of maintenance at thirteen shillings per head per week, from the 2nd day of November to the 31st instant. The number of patients in the Asylum being small, it was considered necessary to fix this amount to cover the actual expenses of the maintenance and clothing of the patients, and the salaries of the officers and attendants; but as the number of patients increases, your Committee hope to make a reduction in the cost of maintenance.

The health of the patients has been generally good, and employment has been found for as many as have been fit and willing to work; and due care and attention have been bestowed upon all.

Your Committee have pleasure in reporting that from the opening of the Asylum it has not been found necessary to place any patients under restraint.

On the 25th October last, your Committee settled and approved General Rules for the management of the Asylum, which are now

before Her Majesty's Secretary of State for approval, in accordance with the 53rd section of the "Lunatic Asylums' Act, 1853."

During the short period for which the Asylum has been opened, the conduct of the officers and servants has been satisfactory to your Committee.

On the 14th of December instant, two of the Commissioners in Lunacy (W. G. Campbell, Esq., and James Wilkes, Esq., M.D.) officially visited the Asylum, who, towards the close of a detailed Minute which they entered in the Visiting-book, made the following observations:

> "The advanced condition of the Asylum, considering how recently it has been completed, is most satisfactory, and evidences the great interest which has been taken in it by the Committee of Visitors; whilst the orderly and contented appearance of the patients, and the general state of the Establishment, does great credit to the exertions of Dr. Bryan."

(Signed) THOS. ST. QUINTIN,

Chairman.

FULBOURN,

28th December, 1858.

REPORT

OF THE

MEDICAL SUPERINTENDENT.

My Lord and Gentlemen,

IN accordance with your instructions, I have the honour of laying before you a short Report of the condition and progress of this Institution since my coming into residence as Medical Superintendent on the 26th August last.

On my arrival I found the Building completed and containing a considerable portion of the furniture intended for the use of the patients, and the grounds laid out and under cultivation.

No attendants nor servants had at that time been engaged, and the procuring an efficient Staff, and the completion of the furnishing under your directions, at once received my earnest attention.

On the 10th of September, I presented for your consideration, a list of Candidates of considerable experience; this list, I am happy to

state met your approbation, and the services of the parties therein named were engaged for the 11th October. On that day the greater portion of the existing Staff of male and female attendants and servants arrived at the Asylum; and were immediately employed in warming, airing and cleansing every part of the Building. The furniture was then properly distributed, the various articles of bedding and clothing which required it were passed through the laundry, and the several day-rooms, corridors and dormitories were brought into a proper condition for the reception of patients. These proceedings tested the efficiency of the steam apparatus of the laundry and kitchen, the pumps and the hot and cold water supply throughout the House. Some defects were detected which gave rise to considerable though temporary inconvenience, but were found on careful inspection to arise from causes which have been since in a great measure remedied; and I am happy to state that the various mechanical appliances were brought into fair working order, previous to the reception of patients.

I may here refer to your Resolution, that the Asylum should be open to the Public for three days; during this period, a considerable number of persons of the various classes of

society visited the Asylum, and were evidently much pleased with and interested in the appearance and arrangements of the House. The throwing open the Establishment to the public view was, I have no doubt, a beneficial and judicious proceeding; its cheerful and comfortable aspect having removed from the minds of many those prejudices and misapprehensions entertained more especially towards institutions for the Insane.

The 2nd November having been appointed for the opening of the Asylum, arrangements were made for the admission of the 46 patients then confined in Hoxton House. The removal of this considerable number of patients was accomplished with ease and comfort to the patients, and without the slightest casualty; the authorities of the Eastern Counties Railway had placed at our disposal on this occasion the exclusive use of two carriages, with the further convenience of detaching them at the siding at the back entrance of the Asylum grounds.

Receptions have since taken place, as rapidly as the necessary arrangements for removal could be completed, and they have now amounted to 118.

The short period since the opening of the establishment does not enable me to present to your notice any material amount of statistical returns. The cases received from other

Asylums present the usual average of the different forms of Insanity, but are almost uniformly of chronic character. I have however in the following table, arranged separately the fresh receptions, and classified the total number hitherto received.

Form of Mental disease in the cases of the 118 Patients received since the opening of the Asylum.

FORM OF DISEASE.	TRANSFERS.		FRESH RECEPTIONS.		Totals.
	Males.	Females	Males.	Females	
Mania of Chronic Character	26	30	3	1	60
——— Acute	..	2	3	2	7
——— with Epilepsy	9	4	1	..	14
——— with Paralysis	1	2	..	..	3
Melancholia	4	8	1	..	13
Dementia	7	4	..	..	11
——— with Paralysis	3	2	..	1	6
——— with Epilepsy	..	2	..	..	2
——— with Epilepsy and Paralysis	1	..	..	..	1
Idiocy Congenital	1	..	..	..	1
Totals	52	54	8	4	118

The duration of the Malady in the above patients at the time of reception was—

	Male.	Female.	Total.
Under 1 month	4	1	5
—— 2 ditto	1	1	2
—— 6 ditto	2	1	3
—— 1 year	..	11	11
—— 2 ditto	12	5	17
—— 5 ditto	14	16	30
—— 10 ditto	14	9	23
—— 15 ditto	9	7	16
—— 20 ditto	3	6	9
—— 30 ditto	1	1	2
Totals	60	58	118

The health of many of the patients has I am happy to state materially improved since admission, and the garden and farm have afforded occupation to several who were formerly unemployed. The health and well being of the patients have hitherto engaged my chief attention, but the following extract from my journal, will show a fair average of the number of patients daily employed in various useful occupations.

Extract from Journal of December 8th.

EMPLOYED.

MALES.		FEMALES.	
In garden and farm	13	In the laundry	11
In ward work	9	Household work	8
With engineer	4	Sewing and knitting	19
In kitchen	1		
Tailoring	1		
Coal carrying	1		
Store-room	1		
With plumber and glazier ..	1		
At the pump	12		
Totals.....	43		38

On the 14th instant, the Commissioners in Lunacy visited Fulbourn, and expressed themselves much pleased with the accommodation afforded to the inmates, and with the general character of the Establishment; some alterations and additions were suggested by them, the more important of which were already under the consideration of the Visiting Com-

mittee. It gives me much pleasure also to be able to state, that at the period of their visitation, only one patient was found in bed, to which she was confined by an accident which had occurred previously to her reception into this Asylum; and although affections of the respiratory organs have been extremely prevalent and severe for the last two months throughout the Country, our patients have enjoyed a peculiar immunity from such disease, an exemption which I feel is due in a great measure to the well-aired, well-warmed, and well-ventilated state of the House, to the good clothing and liberal diet provided for its unfortunate Inmates.

I have the honor to be,

My Lord and Gentlemen,

Your faithful Servant,

(Signed) E. L. BRYAN.

CHAPLAIN'S REPORT.

Cambridgeshire Asylum,
Fulbourn, near Cambridge,
December 28th, 1858.

To the Visitors of the Cambridgeshire Asylum.

My Lord and Gentlemen,

I BEG to lay before you a Report of my proceedings during the short time that I have held the office of Chaplain to this Asylum.

In conformity with directions I received at the time of my appointment, I have read prayers daily, and had a full service with a sermon on Sundays.

I began these duties on the 5th November last, some of the patients having arrived a day or two previous.

A large number of patients now attend the daily service; and, as far as I have been able to judge, with a very beneficial effect, not so much perhaps in a religious, as in a moral point of view.

The comfort and convenience of the Chapel; the fact of its being set apart for religious worship; the regularity of the service; and the

good example of the attendants and others—all serve to throw a solemnity over the whole matter, which I believe has a very tranquilizing effect on the minds of the patients.

The behaviour of the patients in Chapel has been very good. With very rare exceptions they have all been most quiet and orderly. Some whom I have usually found rather loud and talkative in the wards, remain perfectly calm and silent during the time of service.

I believe that some few may derive benefit in a religious point of view from their attendance at Chapel, but at present, I can hardly speak with confidence on this subject.

One sick patient (Mrs. Webb) has expressed much pleasure in hearing me read and expound a portion of Scripture to her, by her bedside, and seems to have some rational views on religious matters. But in common with all with whom I have conversed, she soon begins a history of her own affairs, and then religious conversation or instruction is necessarily at an end.

Several of the patients have told me that they like the daily service in Chapel very much. I believe that most of them esteem it a privilege to hear daily our Church prayers, and a portion of Scripture. Their usual exemplary behaviour seems the best possible proof that such is the case.

The introduction of music, and a little chanting into our daily service, tends also I think very materially to soothe and comfort the patients.

Judging from the short experience I have had, I am inclined to think that the daily service performed with the usual decent solemnity, is more likely to be beneficial to the patients than any conversation I may have, or instruction I may give in the wards.

It is only among the more rational patients in the sick wards, when they are unable to attend Chapel, that I can hope to be really useful.

But I ought perhaps to state, that whenever I have visited the wards, many of the patients, both male and female, have appeared gratified at seeing their Minister among them.

The chief difficulty I have experienced when conversing with them has been in preventing them from becoming excited by the lengthy and rapid accounts which they are sometimes disposed to give of their own histories, real or imagined.

The Sacrament of the Lord's Supper has not yet been administered.

It might perhaps be administered occasionally with benefit; but at present I do not know that I could name one patient whom I could

advise to partake of that solemn rite with the hope and belief that the patient would derive spiritual comfort and benefit by so doing.

I am,

My Lord and Gentlemen,

Your obedient Servant,

(Signed) W. S. PARISH,
Chaplain.

REPORT

OF THE

COMMITTEE OF VISITORS

Upon the Audit of Accounts

OF THE

TREASURER AND CLERK TO THE ASYLUM,

Pursuant to the 16th & 17th Vict., c. 97.

The Committee of Visitors having audited the Accounts of the Treasurer and Clerk of the Asylum, as directed by section 60 of the above Act, do hereby Report the same to the General Quarter Sessions of the County of Cambridge and the Isle of Ely, and to the Council of the Borough of Cambridge, and append hereto an Abstract of such Accounts accordingly.

(Signed) THOMAS ST. QUINTIN,

Chairman of the said Committee of Visitors.

Asylum, Fulbourn,
29th March, 1859.

CAMBRIDGESHIRE COUNTY ASYLUM

Balance Sheet for the Year ending 31st December, 1858.

1857.			£.	s.	d.
Dec. 31.	To balance of cash this day....		5609	18	3
1858.					
Dec. 31.	To cash received from the County of Cambridge.....		5114	10	7
	To ditto from the Isle of Ely ..		2947	8	0
	To ditto from the Borough of Cambridge		2841	19	6
	To cash from the Executrix of late Mr. King, balance after payment of purchase money for land ..	52 18 8			
	To cash discount off Wilson's bill.....	1 13 6			
			54	12	2
			£16568	8	6

1858.		£.	s.	d.
Dec. 31.	By cash paid on account of original building and furnishing	12621	9	4
	By cash paid on maintenance account (Salaries and Wages to Dec. 31st, 1858)	210	9	7
	Balance	3736	9	7
		£16568	8	6

25th February, 1859.

Examined and found correct.

(Signed) HY. HEMINGTON HARRIS,
C. W. TOWNLEY,
E. HICKS,
} *Auditors.*

(Signed) JOSEPH FRITH,
Clerk of the Asylum.

MAINTENANCE ACCOUNT.

Income and Expenditure to December 31st, 1858.

INCOME.

1858.		£.	s.	d.
Dec. 31.	To cash received for maintenance of patients chargeable to Unions, in the County, Isle & Borough to which the Asylum belongs..	,,	,,	,,
	To cash due for maintenance from ditto	493	10	1
	To cash due from the Treasurer of Isle of Ely for maintenance of a criminal Lunatic	0	17	3
		£494	7	4

EXPENDITURE.

1858.		£.	s.	d.
Dec. 31.	By Salaries and Wages	218	12	11
,,	,, Provisions	185	12	3½
,,	,, Necessaries	53	4	11¾
,,	,, Wine, Spirits and Porter ..	4	0	9
,,	,, Garden and Farm	22	0	10
,,	,, Miscellaneous	2	0	0
		£485	11	9¼

AVERAGE WEEKLY EXPENDITURE FOR EACH PATIENT FROM WEEKLY RATE.

	£.	s.	d.	
Salaries and Wages	0	5	7	$\frac{2268}{}$
Provisions	0	4	$8\frac{3}{4}$	$\frac{4732}{}$
Necessaries	0	1	$4\frac{1}{4}$	$\frac{2023}{}$
Wine, Spirits and Porter ..	0	0	1	$\frac{5236}{}$
Garden and Farm	0	0	$6\frac{3}{4}$	$\frac{322}{}$
Miscellaneous Account	0	0	$0\frac{1}{2}$	$\frac{2492}{}$
	£0	12	5	$\frac{651}{5474}$

Average daily number of Patients ..... $92\frac{46}{59}$

Average daily number of Officers and Servants $23\frac{34}{59}$

(Signed) JOSEPH FRITH,

Clerk of the Asylum.

BUILDING ACCOUNT.

Income and Expenditure to December 31st, 1858.

INCOME.

858.		£.	s.	d.	£.	s.	d.
Dec. 31.	To cash received from Treasurer of County of Cambridge, to this date	26527	17	1			
	To cash received from Treasurer of Isle of Ely, to this date	19602	11	2			
	To cash received from Treasurer of Borough to this date	8400	13	2			
					54531	1	5
	To cash received for Rent of land				253	6	9
					£54784	8	2

EXPENDITURE.

1858.		£.	s.	d.	£.	s.	d.
Dec. 31.	By purchase of land, &c.				4841	19	10
	By amount paid contractor on account of Building.....				33500	0	0
	By amount paid Clerk of Works, salary				346	7	10
	By do. Architect on account of commission	1650	0	0			
	By do. Mr Hill's & Mr Jones's travelling expences	266	17	6			
					1916	17	6
	By do. plants and planting	502	6	6			
	By do. garden & cultivation	470	3	5			
					972	9	11
	By do. cultivation of land.....				227	10	9
	By do. Law charges (including Kendal's claim)				4066	12	9
	By do. Advertising, &c.....				85	6	3
	By do. Incidentals				424	16	8
	By do. Furnishing, &c.				4314	19	6
	By do. Farm Stock.....				140	8	0
					50837	9	0
	Balance in Treasurer's hands	3736	9	7			
	Due from maintenance account.....	210	9	7			
					3946	19	2
					£54784	8	2

ORDINARY DIET TABLE.

	BREAKFAST.				DINNER.													SUPPER.					
	Males.		Females.		Males.							Females.							Males.			Females.		
	Cocoa	Bread.	Cocoa.	Bread.	Beef Cooked, free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Beef Cooked, free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Bread.	Butter.	Tea.	Bread.	Butter.	Tea.
	pts.	ozs.	pts.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	pts.	ozs.	ozs.	ozs.	ozs.	ozs.	ozs.	pts.	ozs.	ozs.	pts.	ozs.	ozs.	pts.
Monday....	1	6	1	5	2	16	....	4	6	....	½	2	14	....	4	6	....	½	6	½	1	5	½	1
Tuesday....	1	6	1	5	3	....	14	....	6	....	¾	3	....	12	....	6	....	½	6	½	1	5	½	1
Wednesday	1	6	1	5	6	....	....	....	12	3	¾	5	....	....	....	9	3	½	6	½	1	5	½	1
Thursday ..	1	6	1	5	2	16	....	4	6	....	½	2	14	....	4	6	....	½	6	½	1	5	½	1
Friday	1	6	1	5	6	....	....	....	12	3	¾	5	....	....	....	9	3	½	6	½	1	5	½	1
Saturday ..	1	6	1	5	2	16	....	4	6	....	½	2	14	....	4	6	....	½	6	½	1	5	½	1
Sunday	1	6	1	5	6	....	....	....	12	3	¾	5	....	....	....	9	3	½	6	½	1	5	½	1
TOTALS	7	42	7	35	27	48	14	12	60	9	4½	24	42	12	12	51	9	3½	42	3½	7	35	3½	7

N.B.—Extra to workers, 3 ozs. Bread, ½-pint Beer, and 1 oz. Cheese daily.
Cocoa in the following proportions for 1 pint: viz., ½-oz. Cocoa, 1 oz. Treacle, and ¼-pint Milk.
Tobacco and Snuff given as indulgences to the working patients.

(*Signed*) JOSEPH FRITH, *Steward.*